

# RCF CITY Dazzles

Where Service Meets Smiles,  
Fellowship Strengthens The Miles



September

# Education and Literacy Month

Rotary



## SEPTEMBER

### BASIC EDUCATION & LITERACY MONTH PEACE THROUGH EDUCATION



**PEACE WITHIN**

Reading and reflection foster inner harmony



**PEACE IN FAMILIES**

Parents reading with children builds love and empathy



**PEACE IN COMMUNITIES**

Literacy creates stronger, more unified communities

**PEACE ACROSS NATIONS**

Education spreads understanding between cultures

**PEACE ACROSS NATIONS**



Dear Valued Readers,

Rotary Greetings! 

September, Rotary's month of Basic Education and Literacy reminds us that knowledge is the light that dispels darkness and empowers lives. As we celebrated Teacher's Day on 5th September, we saluted all those mentors who shape young minds and sow the seeds of a brighter tomorrow.

This month also reflected Rotary's heart in action through Operation HUM 4 Humanity and local flood relief initiatives in Punjab, where timely efforts brought comfort and hope to many distressed families.

Spiritually too, September connects us deeply to our roots with Pitrapaksh, we express gratitude to our ancestors, and with the arrival of Navratri, we invoke strength, devotion, and the promise of new beginnings.

May the flame of Rotary's service continue to shine, spreading learning, compassion, and light wherever there is need.

With warm regards,  
Rtn. Sunita Vij  
Editor

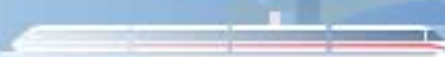


# International Peace Day



Source:  
2024-25 Another Merit Award Winner  
in the Lions Peace Poster competition  
by Antonia-Ema Preja, 12 years old  
from Romania.










Let's Unite For Good - May Peace Prevail!



# Message from the President

Dear Fellow Rotarians,

September at RCF City was a month of heartfelt service and meaningful impact:

-  Sharing knowledge through book gifts
-  Honouring our inspiring teachers
-  Empowering students with AI skills
-  Feeding the underprivileged
-  Organizing blood donation camps
-  Creating cervical cancer awareness
-  Promoting health & sanitation
-  Supporting mental well-being
-  Extending hands for flood relief

Each initiative has added colour, energy, and purpose to our journey, strengthening RCF City's growth on every front.

With the dedication of our members, we live the Rotary spirit of Service Above Self, bringing change, spreading hope, and touching lives.

District events further enrich us, seminars that inspire and fellowships that truly last.

In gratitude and fellowship,  
Rtn. Sunita Vij  
President, RCF City



# Message from the Club Facilitator

Dear Rotarians,

Heartiest appreciation to Team RCF City for the impactful service in September—each project reflects dedication and unity in action. The vibrant blend of knowledge, health, and hope truly strengthens our club's spirit.

Let us continue this momentum with greater zeal, inspired by our vision to touch more lives and set higher benchmarks of service and fellowship.

With pride and best wishes,  
Rtn. Lov Vij



# Gift of books for a brighter tomorrow

RCF City, donated Books to the library of a Charitable School. Books are bridges to Knowledge, imagination and endless opportunities.



# Honouring the Torch bearers of a Charitable School on Teachers day!

RCF City felicitated 30 teachers with a Divine gift as a token of gratitude for their passionate service above self, in grooming the less privileged children, inculcating in them the values to grow into responsible individuals of the future.



# Mental Health and Well being

Rotary in Action:

## MENTAL HEALTH & WELL-BEING

Rotary Club of Faridabad City

Club ID: 221969

Rtn. Henna Vij, member of RCF City, shared her expertise through **Cosmofynd**, a Vedic Astrology initiative of hers, and offered a free consultation to a young individual undergoing gender transformation.

Through her Astro Soul Mapping method, she provided clarity, emotional support, and guidance for career, finances, security, and life purpose.

Bringing dignity, clarity & hope — the true spirit of Rotary!

*"Service Above Self, Compassion Beyond Boundaries"*

Rotary 



Rtn. Henna Vij

Founder - Cosmofynd

Club President  
Rtn. Sunita Vij

Club Secretary  
Rtn. Til Kumari

Club Treasurer  
Rtn. Ginny Makkar

Joint Secretary  
Rtn. Laxmi Kabra

Rtn. Henna Vij, member of RCF City, shared her expertise through Cosmofynd, a Vedic Astrology initiative of hers, and offered a free consultation to a young individual undergoing gender transformation, Using Astro Soul Mapping method, provided clarity, emotional support, and guidance for career, finances, security, and life purpose.

## Let's answer the right questions you need to understand to live a free, uncompromised life

Instead of limiting you with, "What's going to happen to me?"

We will answer the questions that help you grow in life:

- How can I achieve my goals faster, without leaving me drained out?
- How can I be my best version and what is my highest potential?
- How can I use my natural strengths to grow without compromise?
- How can I time my actions with the universal flow for better results?
- How can I design a life that feels fulfilling inside and out?
- How can I choose and build healthy relationships?

## RCF CITY IN ACTION

# Health and Hygiene, go hand in hand

RCF City distributed sanitary pads and some refreshments to the domestic help of RWA. An interactive session on various myths and benefits of using the pads with almost 60 beneficiaries, created awareness amongst them.



**RCF CITY IN ACTION**

# Workshop on Generative AI skills for a Charitable School

RCF City has adopted a Charitable School, where, Rtn. Henna Vij, member of RCF City, introduced Generative AI skills to around 100 students and the teachers too, who were very receptive to New age tools for a brighter future.



Rotary 

Rotary Club of Faridabad City  
Club ID: 221969

Skill Development

## EMPOWERING YOUNG MINDS WITH GENERATIVE AI SKILLS

at Prakash Deep School, Sector-21B, Faridabad

Monthly Sessions





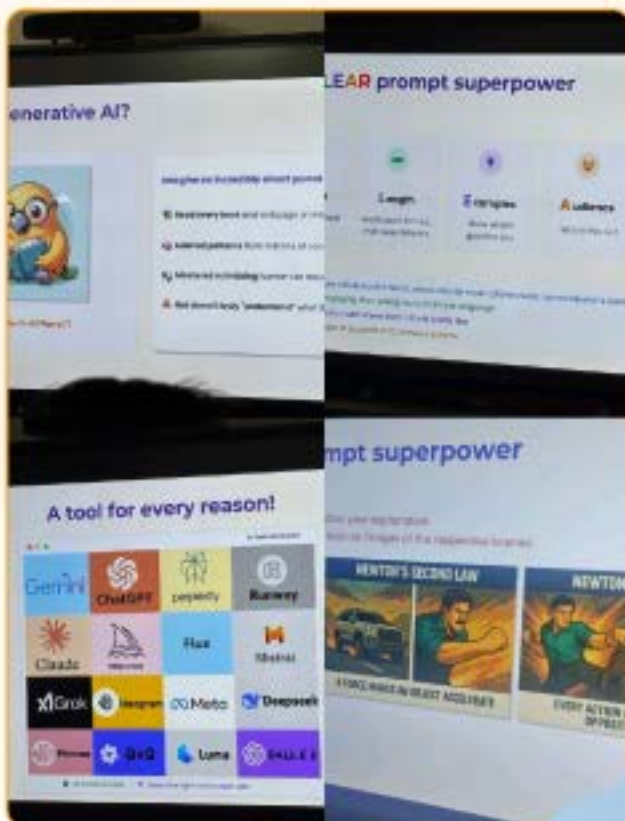
**Rtn. Henna Vij**  
AI Trainer & Consultant

Club Secretary  
**Rtn. Til Kumari**

Club President  
**Rtn. Sunita Vij**

Club Treasurer  
**Rtn. Ginny Makkar**

Joint Secretary  
**Rtn. Laxmi Kabra**



RCF CITY IN ACTION

# Awareness session for Cervical Vaccination as Prevention, for Healthy future!

RCF City organised a thoughtful and an interactive session at a less privileged school, with around 300 parents. The talk addressed benefits, myths, and queries, motivating parents to give consent for vaccination.



**सजम इंडिया** | IN NO. 8497807174008  
 एडिटर: | वरिष्ठ, 15 दिसंबर 2025 | 10:30 (पृष्ठ: 25) | दिल्ली (भारत)

## आरसीएफ सिटी द्वारा सर्वाइकल कैंसर वैक्सीन पर एक संवादात्मक महत्वपूर्ण सत्र आयोजित

**राजस्थान** | **संवाद** | **संवाद**

राजस्थान के एक प्रमुख शहर में आयोजित एक महत्वपूर्ण कार्यक्रम में आरसीएफ सिटी के सदस्यों ने 300 से अधिक अभिभावकों को सर्वाइकल कैंसर वैक्सीन के बारे में जानकारी दी। कार्यक्रम में डॉ. [डॉ. का नाम] ने वैक्सीन के फायदों और संभावित जोखिमों के बारे में व्याख्यान दिया।

कार्यक्रम में आरसीएफ सिटी के अध्यक्ष [नाम] ने कहा कि यह कार्यक्रम अभिभावकों को सही जानकारी देना और उनके बच्चों के स्वास्थ्य को सुरक्षित रखना है। उन्होंने कहा कि वैक्सीन का उपयोग करना एक जिम्मेदार निर्णय है और यह बच्चों को कैंसर से बचा सकता है।

कार्यक्रम में आरसीएफ सिटी के सदस्यों ने अभिभावकों से बातचीत की और उनके सवालों का जवाब दिया। कार्यक्रम में आरसीएफ सिटी के सदस्यों ने अभिभावकों को सही जानकारी देना और उनके बच्चों के स्वास्थ्य को सुरक्षित रखना है।

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RCF CITY IN ACTION

# Donate Blood Save Lives!

RCF City, RCF Aravalli, RCF Excellence, jointly organised a blood donation camp and collected a total of 55 units of blood.

# Rakt daan Maha daan

RCF City organised a blood donation camp in association with Akhil Bharatiya Terapanth Yuvak Parishad at Terapanth Bhawan sector 10, on the birthday of our Honorable Prime Minister Shri Modi ji and collected 74 units of blood.

**सजग इंडिया** NEWS - JANUARY 2024

श्रीराम नरेश, 20 दिनांक 1 कुर्ग

**समानसेवी दीपक प्रशाद के बच्चे विश्वदीप भंडारी और वैष्णवी भंडारी अपने जन्मदिन और 18 साल पूर्ण होने पर रक्तदान करने पहुंचे**



**इसका उद्देश्य**  
 रक्तदान करने वाले के बच्चे को प्रेरित करने के लिए हमने इस अभियान को शुरू किया है। यह अभियान के माध्यम से हमें उम्मीद है कि हमारे देश के सभी बच्चों को रक्तदान करने के प्रति जागरूकता होगी।

**सजग इंडिया** NEWS - JANUARY 2024

श्रीराम नरेश, 20 दिनांक 1 कुर्ग

**श्रीराम नरेश मोदी के जन्मदिवस पर आरसीएफ सिटी ने अखिल भारतीय तेरापन्थ युवक परिषद के सहयोग से किया 74 यूनिट रक्त एकत्रित**



**इसका उद्देश्य**  
 रक्तदान करने वाले के बच्चे को प्रेरित करने के लिए हमने इस अभियान को शुरू किया है। यह अभियान के माध्यम से हमें उम्मीद है कि हमारे देश के सभी बच्चों को रक्तदान करने के प्रति जागरूकता होगी।



## RCF CITY IN ACTION

# Share a meal, Feel the Divine Heal!

RCF City distributed Refreshment kits to more than 150 people at Laxmi Narayan Temple, Sector 16, Faridabad



**DISTRICT EVENTS: SEMINARS THAT  
INSPIRE AND FELLOWSHIPS THAT LASTS!**

# Membership Seminar at PHD House Delhi



**DISTRICT EVENTS: SEMINARS  
THAT INSPIRE AND FELLOWSHIPS THAT LASTS!**

# Movie Time!

Memorable moments with Fellow Rotarians at Directors Cut, Vasant Kunj



**DISTRICT EVENTS: SEMINARS  
THAT INSPIRE AND FELLOWSHIPS THAT LASTS!**

# Foundation Seminar



**DISTRICT EVENTS: SEMINARS  
THAT INSPIRE AND FELLOWSHIPS THAT LASTS!**

## District Thalassemia awareness seminar



## Tuberculosis Mukt Faridabad





**Tuberculosis Mukt Faridabad  
Awareness & Action Meeting**

**Initiative of Mayor, Faridabad & Rotary District 3011 in  
August Presence of Dr. Ravi Gugnani, District Governor,  
Rotary 3011 & District Health Department, Faridabad**

**Smt. Parveen Batra Joshi      Dr. Ravi Gugnani  
Hon'ble Mayor, Faridabad      District Governor, Rotary 3011**

Venue – Mayor Camp Office, Conference Hall, Faridabad

**DISTRICT EVENTS: SEMINARS  
THAT INSPIRE AND FELLOWSHIPS THAT LASTS!**

# RCF City at PEM 1 – RY 2026-27

A very well-executed event with rich learning and fellowship, reminding us to prepare for the future while giving our best in the present



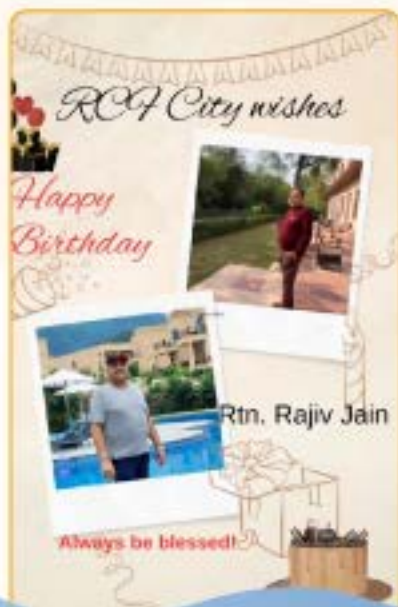
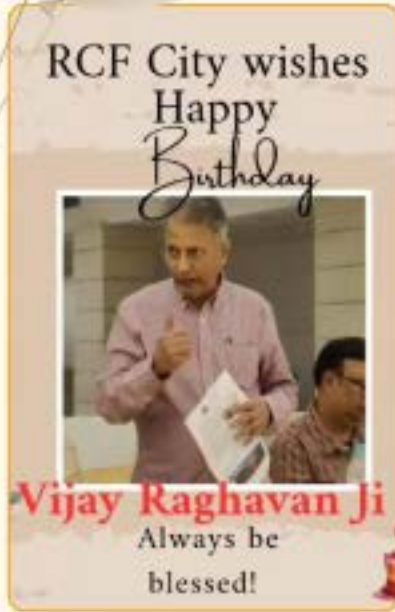
**FELLOWSHIP, A STEP FORWARD TO HEALTHY BONDING , CREATING MEMORIES**  
**RCF City, Monthly Meeting**



# Birthday & Anniversary Wishes

Moments of joy, reasons to cheer,  
Birthdays and Anniversaries are here!  
New hopes bloom, new smiles appear,  
Wishing happiness all through the year.

May every day bring reasons to smile,  
And blessings surround you all the while.  
With Rotary warmth, we say with delight —  
Stay happy, stay blessed, stay shining bright.



# Gratitude! Gratitude! Gratitude!

A heartfelt thank you to all our readers and members for a month filled with meaningful projects, inspiring seminars, and joyful fellowship. Your enthusiasm keeps the Rotary spirit glowing bright!

Till we meet again next month,  
let's keep serving, learning, and growing together with smiles and purpose.

Warm regards,  
Rtn. Sunita Vij  
Editor, RCF City

In Rotary there are  
no strangers, only  
friends we haven't  
met yet!

Rotary 

